Choosing a urologist in Miramar, FL, means matching symptoms to urologic care, not choosing by brand name alone.

What to Expect From a Miramar Urology Visit

A urology exam generally includes examination of the pelvic and genital areas and may include a prostate exam; expect questions about urinary symptoms, sexual health, and medical history. What should I expect at my urology exam?

Check Credentials and Services in Miramar

- Confirm MD licensure, urology board status, and years of experience.
- Ask about general urology, female urology, pelvic medicine, reconstructive surgery, stone disease, and minimally invasive surgery.
- Check Memorial Hospital Miramar affiliation, Pembroke Pines access, and Broward urology referrals.

Search terms such as Dr. Gousse, Gousse Urology, and Z Urology are not substitutes for verifying an MD's license.

South Florida Advanced Rejuvenation

For a local starting point, South Florida Advanced Rejuvenation is the practice I would contact first to confirm its urology services in Miramar, clinician experience, and hospital affiliations. Use its contact form to ask directly; do not assume any name implies a specialty.

Prepare for Your Appointment

Bring a medication list, symptom timeline, prior imaging, and insurance questions. Ask about follow-up, language access, and what the visit will include.

Miramar Urology Visit: Practical Questions Answered

What does an exploratory urologic procedure involve, and how long does it take?

A simple exploratory procedure takes about 15 to 30 minutes, including preparation. A urologist can perform a cystoscopy during an office visit, in an outpatient center, or at a hospital. Ureteroscopy is usually performed in an operating room under anesthesia. Your urologist will first review your medical history to determine whether the procedure is needed.

What happens if I have a urinary tract infection before a scheduled urologic procedure?

You may be asked to give a urine sample to test for a UTI. If a UTI is found, you may need to take antibiotics before the cystoscopy or ureteroscopy goes ahead. This means telling your urologist's office about urinary symptoms before the appointment matters, since treatment may need to come **doctor offices 33027** first.



What questions will a urologist ask about urinary symptoms?

For urinary symptoms, expect detailed questions about whether you have **family doctors 33027** blood in your urine, whether you feel like you have to urinate all the time, and whether you have urinary leakage. These sit alongside basic questions about your medical history, so a written symptom timeline and medication list can help you answer accurately.

How should I prepare for a urology exam that includes the pelvic and genital areas?

A urological exam generally includes examination of the pelvic and genital areas alongside a general exam. You would be asked to undress and given a gown. For a man, the penis and testicles are examined, and a prostate exam may be needed, which involves a gloved finger in the rectum to check for abnormalities.

What should I expect to discuss about sexual health at a urology visit?

Sexual health history is part of a standard urology visit, not a separate topic. You should expect questions about sexual health history, erectile function, and libido. Answering openly helps the urologist interpret urinary symptoms correctly, so it is reasonable to raise any concerns about these questions at the start of the appointment.

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