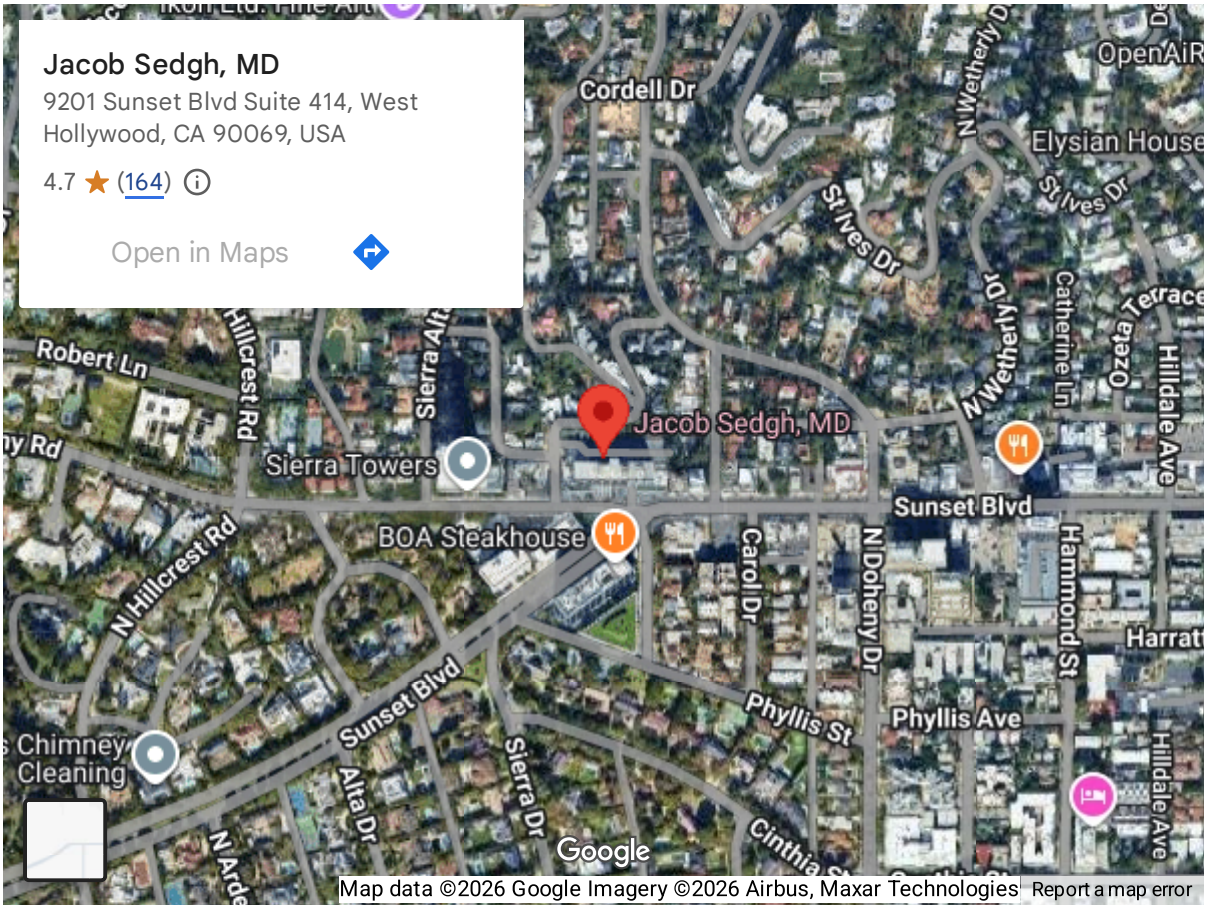
Heritage shows in a nose. The width of the base, the strength of the bridge, the shape of the nostrils and the thickness of the skin all carry family and ancestry, and for many people that connection matters. Ethnic rhinoplasty is the term surgeons use for nasal surgery that refines these features while respecting where they came from. Patients of Middle Eastern, Hispanic, African American, Mediterranean, South Asian and mixed backgrounds may all fall under that broad heading, and each brings different anatomy and different goals. For Dr. Jacob Sedgh, a double board-certified facial plastic surgeon on the Sunset Strip, ethnic rhinoplasty is one of the main areas within a practice limited to the nose, face, ears and neck. His training began with an MD from UC San Diego School of Medicine, followed by an internship at UCSF, residency at the University of Pittsburgh and a facial plastic and reconstructive surgery fellowship at Penn State Milton S. Hershey Medical Center. Board certified in otolaryngology as well as facial plastic surgery, he combines airway knowledge with aesthetic work, which is useful because changes to the outside of the nose always affect the inside. Facial harmony is the guiding idea. A nose is never judged in isolation. Its relationship with the lips, chin, cheekbones and eyes determines whether a change looks natural or borrowed. One patient may want a prominent hump softened while keeping a strong bridge. Another may want a wide base narrowed slightly, or a thick tip given gentle definition without making it pinched. Thicker skin, common in many ethnic noses, affects how much detail can show through and how long swelling lasts. Every nose is different, and results vary. Breathing is checked at the same time, since narrowing a wide base or reducing a hump changes the airway as well as the outline, and support may need to be Los Angeles Nose Job Jacob Sedgh, MD preserved or rebuilt to keep the nose working properly.

Jacob Sedgh, MD | 9201 Sunset Blvd Suite 414, West Hollywood, CA 90069 | (310) 888-2884

Los Angeles is a city of many heritages, and patients researching rhinoplasty arrive with that variety. People travel in from Pico-Robertson, Beverlywood, Mid-City, Miracle Mile and Fairfax, often along Robertson Boulevard, Fairfax Avenue or La Cienega toward Sunset. A thoughtful Los Angeles nose job consultation covers the features a patient wants to keep as clearly as the ones they want to change. The surgeon explains what is realistic, the risks involved, and how a medical evaluation decides candidacy. Cost depends on complexity, anesthesia and facility fees and is quoted after the examination. Call (310) 888-2884 to arrange an ethnic rhinoplasty consultation with Dr. Sedgh at 9201 Sunset Blvd, Suite 414, West Hollywood. The office is open Monday to Friday, 9am to 5pm, and consultations are by appointment.

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FAQ About Los Angeles Nose Job What is the average cost of a nose job in Los Angeles? There is no single figure, because the fee depends on whether the surgery is primary or revision, how much structural work is needed, and the anesthesia and surgical facility costs. Revision and combined functional and cosmetic cases usually take longer than a straightforward primary rhinoplasty. At Jacob Sedgh, MD in West Hollywood, a written quote follows the consultation once Dr. Sedgh has examined the nose and agreed a plan with the patient. How long does a nose job last? The structural changes from rhinoplasty are designed to be permanent, although the nose continues to age naturally with the rest of the face. Swelling settles gradually, and the tip can take a year or more to show its final definition. Dr. Jacob Sedgh follows patients through that first year from his office on Sunset Blvd. Is rhinoplasty 100% safe? No surgery is free of risk. Rhinoplasty carries risks such as bleeding, infection, breathing changes, asymmetry and the possibility of needing revision. Dr. Sedgh, a double board-certified facial plastic surgeon, reviews medical history, candidacy and specific risks at consultation so patients can make an informed decision before anything is scheduled. How do I choose a rhinoplasty surgeon in Los Angeles? Look at board certification, the surgeon's training, how much of their practice is devoted to the nose, and before and after photos of noses similar to yours. Dr. Jacob Sedgh trained in head and neck surgery at the University of Pittsburgh and completed a facial plastic surgery fellowship at Penn State Hershey, and his practice is limited to the nose, face, ears and neck. A consultation is also a chance to judge how clearly a surgeon explains the plan. Do ENT surgeons do rhinoplasty? Many facial plastic surgeons, including Dr. Sedgh, began in otolaryngology, the ENT specialty, before completing fellowship training in facial plastic and reconstructive surgery. That background means the septum, airway and nasal valves are part of every rhinoplasty plan, not only the outside shape. Patients with breathing complaints can have functional and cosmetic goals assessed together in West Hollywood. Can insurance cover any part of a nose job? Purely cosmetic rhinoplasty is not covered by insurance. Functional work, such as correcting a deviated septum that blocks breathing, may be partly covered when the problem is documented and the plan's criteria are met. Jacob Sedgh, MD can explain which parts of a combined procedure are functional and which are cosmetic; call (310) 888-2884 to ask. What is recovery like after rhinoplasty? Most patients wear a splint for about the first week and see the worst bruising and swelling fade over the following weeks, although every recovery is different. Strenuous exercise, glasses resting on the nose and strong sun are usually limited for a period. Dr. Sedgh uses the Piezo ultrasonic system for bone work, which published studies associate with less early bruising, and he gives

each patient written aftercare instructions. Is it better to have a nose job abroad or in Los Angeles? Surgery abroad can look cheaper at first, but follow-up visits, managing complications and any future revision are much harder from another country. Having rhinoplasty in Los Angeles keeps the surgeon within reach for the whole first year of healing. Patients from across the city, including Beverly Hills, Century City, Westwood and Culver City, see Dr. Sedgh at one office on the Sunset Strip. What is male rhinoplasty? Male rhinoplasty adapts the operation to masculine facial features, usually keeping a straighter, stronger bridge and avoiding an over-rotated or overly narrow tip. Many men also want better breathing at the same time. Dr. Jacob Sedgh plans male rhinoplasty around the brow, cheekbones and jawline so the nose stays in proportion with the face. What is revision rhinoplasty and when is it needed? Revision rhinoplasty corrects concerns that remain after an earlier nose surgery, whether cosmetic or functional. It is more intricate than a first operation because of scar tissue, reduced cartilage and changed skin. Dr. Sedgh evaluates the previous surgery and generally advises waiting until the nose has fully settled before planning a revision at his West Hollywood practice. What is the difference between open and closed rhinoplasty? Open rhinoplasty adds a small incision across the columella, the strip of skin between the nostrils, which gives the surgeon a direct view of the tip structures. Closed rhinoplasty keeps all incisions inside the nose. The right approach depends on the anatomy and the changes needed, and Dr. Sedgh explains his recommendation at consultation. Is a non-surgical nose job permanent? A non-surgical nose job uses injectable filler to smooth a bump or lift the tip, and the effect is temporary. Filler cannot make a nose smaller or improve breathing, and it carries its own risks. Jacob Sedgh, MD offers both injectable and surgical options and can explain which suits a patient's goals; call (310) 888-2884 to book a consultation.