Plenty of players skip the metronome because it feels strict. But it remains the fastest way to improve your timing.

1. It reveals rushing and dragging

Players naturally rush easy bits and drag hard ones without realising it. The click makes it obvious.

2. It develops internal time

Regular work with a click builds the inner pulse that makes bands sound tight.

3. It makes progress measurable

Going from 88 to 96 BPM on the same passage, is progress you can see.

4. It builds speed without tension

Small, regular tempo increases keeps technique relaxed and accurate.

5. It prepares you for playing with others

Studios record to click tracks, and every ensemble depends on shared time.

6. It improves rhythm reading

Subdivisions such as eighth notes and triplets help you decode tricky rhythms.

7. It costs nothing

Online metronomes run in any browser, so there is no excuse to metronome skip it.